

# CAR Review



Betty Cookendorfer, Director



**From Our Director:**

**Theme: PLANT AMERICA; LET'S GET GROWING!**

**Central Atlantic Region of State Garden Clubs: [www.car-sgc.org](http://www.car-sgc.org)**

**Delaware Federation of Garden Clubs: Barbara DeRue  
[www.delawaregardenclubs.org](http://www.delawaregardenclubs.org)**

**Federated Garden Clubs of Maryland, Inc.: Anna O'Kelly  
[www.fgcofmd.org](http://www.fgcofmd.org)**

**National Capital Area Garden Clubs, Inc.: Arlene Stewart  
[www.ncagardenclubs.org](http://www.ncagardenclubs.org)**

**The Garden Club of New Jersey, Inc.: Cecelia Millea  
[www.gardenclubofnewjersey.com](http://www.gardenclubofnewjersey.com)**

**Federated Garden Clubs of New York State, Inc.: Lynne Arnold  
[www.fgcnys.com](http://www.fgcnys.com)**

**Garden Club of Ohio, Inc.: Marlene Hatton  
[www.gardenclubofohio.org](http://www.gardenclubofohio.org)**

**Garden Club Federation of Pennsylvania: Sheila Croushore  
[www.pagardenclubs.org](http://www.pagardenclubs.org)**

**- includes all aspects of gardening and horticulture and growing our Region membership**

Greetings. I am hoping this newsletter finds you healthy and working in your gardens and yards. In Cincinnati, Ohio we can finally say Spring has arrived! I hope you are enjoying this special time of year and the rebirth of our gardens. Please enjoy the last newsletter of this administration. Our CAR-SGC Newsletter is always full of great information, pictures and happenings around the Region and National Garden Club news.

Thank you for the honor of serving as CAR-SGC Director for the term of 2021-2023. It has been a wonderful two years filled with magical moments and enthusiastic energy. I have spoken or collaborated with many of you from each state and have found you to be dedicated, fun-loving, inspiring members working to promote the mission, goals and objectives of CAR-SGC Region, National Garden Clubs and your States. Together we are making a difference in our communities.

I would like to thank each of you for the leadership roles and committee work you have fulfilled during this term. I am a firm believer that you are our greatest asset today and tomorrow, and we could not accomplish what we do without your support and guidance.

The last few years have been a bit of a roller coaster ride for all of us. We have had to revise how we operate on numerous levels in our personal lives and organizations. I appreciate the help from so many of our members in revising the ways we do things. It has been a learning experience and I am inspired by your creativity in these committees and groups.

**Caroline Carbaugh, Editor**  
[cscarbaugh@verizon.net](mailto:cscarbaugh@verizon.net)

Mary Ann Ferguson Rich, CAR-SGC Awards Chair has reported that CAR-SGC Award Applications were due April 1, and we are back to the range of Award Applications that we had prior to COVID. Great news! I am using this as a good barometer to the health and efforts of our members. It shows that you are providing service to your communities through Conservation/Environmental Projects, Youth Projects, Community Gardens, Blue Star and Gold Star Memorial Markers, Flower Shows, Garden Tours and many more. I look forward to seeing you at the CAR-SGC Conference 2023 as you receive your awards.



**Azalea**  
Photo by C. Carbaugh

Just a reminder to mark your calendars for **the CAR-SGC 2023 Conference**, in Corning,

New York, **“SEVEN STRONG ON A FALL ADVENTURE.”** The dates for the Conference which is incorporating a Tri-Refresher are October 23-26, 2023. Vikki Bellias, New York, is Chair of the Conference & Tri-Refresher and has an article in this newsletter.

My best to all. Keep growing in all aspects of your life including your gardens.

**Have a great spring,**  
**Betty Cookendorfer,**  
**Director CAR-SGC 2121-2023**

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**CAR-SGC DIRECTOR AND ASSISTANT DIRECTOR FOR 2023-2025**

It is my pleasure to welcome the CAR-SGC Director, Monica Hansen, for the upcoming term 2023-2025. The new Director and Alternate Director are from the great state of New York.

Garden Club Yearbook Chairs have been calling for CAR-SGC information to print in their yearbooks. Presidents and Members: Please pass this information along to your Yearbook Chairs.

Monica Hansen, CAR-SGC Director 2023-2025

*johnmonica@verizon.net*

21 Henning Drive

Orchard Park, NY 14127-2816

Home: 716-667-1434; Cell: 716-380-8663

Vikki Bellias, Alternate Director 2023-2025 &

CAR-SGC Conference 2023 Chair

*vikkibellias@gmail.com*

11 Black Duck Drive

Stony Brook, NY 11790-1123

Home: 631-689-7337; Cell: 631-553-5881

The 2023-2025 Administration will assume office at the close of the National Garden Clubs Convention at the Greenbrier on May 4, 2023. Please join me in welcoming our new leadership.



**Azalea**

Photos by Shirley Nicolai



**Rhododendron**



**Fringe Tree**

**From Our Director-Elect:**



**Monica Hansen**

I am both humbled and proud to be your new Central Atlantic Region of State Garden Clubs' Director following the installation at the National Garden Club Convention in West Virginia this May and have accepted this position with much

anticipation. I'd like to thank Betty Cookendorfer for her work and dedication these past two years and wish you the best in your future endeavors, Betty.

The theme for the next term will be: "Together We'll Plant America for a Cleaner, Greener and Healthier World." My aim for this term is to have the States (for our purposes here, I'll refer to National Capital Area as a State) work together, share information and become an even stronger Region. Through the years, gardening has become more complex than when our National Garden Clubs, Inc. was founded in 1929. Many of us joined our garden clubs through the love of gardening and the joy of making friends, without too much thought to the wider impact. However, that has changed as we become more knowledgeable about the impact of planting as it relates to our world's sustainability. These days we are more aware of the need for a cleaner environment, for greening or re-greening our communities, and in general, our need to plant for a healthier, more sustainable lifestyle. So, as we continue to link our Central Atlantic Region of State Garden Clubs, it is with shared goals that we join "Together to Plant America, for a Cleaner, Greener and Healthier World".

In addition to a goal of a cleaner, greener, and healthier world, I'd like to expand that to talk about "Planting the Seeds of Membership" in our garden clubs. I'd like to challenge each garden club to make membership a focus of each meeting. To remain strong as a Region and to accomplish much, we need to make a concerted effort to attract and retain new members. As gardeners, we know that growing is always the basis of a garden, and likewise growing membership is the foundation of our garden clubs

and our Region. Without this renewed growth and sustainability, it will be difficult for us to achieve our goals. I know that while you are reading this, you are probably saying that we are all trying to gain and retain new members, but it doesn't seem to be working. How do we attract new members and where are they? This will become a concerted effort of our Region with the sharing of all our ideas to assist in this endeavor. We are all vested in the challenge to grow our garden clubs to enable us to contribute to a cleaner, greener, and healthier world for ourselves and those we love. Again, I am honored to be your Region Director. I thank you for your support and promise to give my very best effort in service to our Region. I know that by working together we can accomplish many great things.

Now to an exciting Region event being planned, our Annual Fall Conference in Corning, New York - "Seven Strong on a Fall Adventure". This will be a fantastic time to come together to enjoy friends and to share information about and with our other CAR-SGC member clubs.

We are incorporating a Tri-Refresher into this Conference and we welcome all our members and their friends to attend this wonderful event. Thank you to Vikki Bellias and Annette Kuhn for pulling this together and for all of you who have agreed to serve with this administration. I am so very appreciative of all the time and effort our members are putting into making our CAR-SGC the greatest Region of all.

**Monica Hansen,  
CAR-SGC Region Director-Elect**



**Photos by  
Shirley Nicolai**

**Allium  
Itoh Peony**







PLEASE SAVE THE DATES

**SEVEN STRONG**

**ON A FALL ADVENTURE**

Our Central Atlantic Region of State Garden Clubs will be holding our 2023 Conference in Corning, New York October 23 - 26, 2023. We will be incorporating a Tri-Refresher at this Conference.

Preconference events, October 23, 2023  
 Conference, October 24 and 25, 2023  
 Exciting tours, October 26, 2023.



- A Leaf Manipulation workshop will give ideas for flower shows and the design speaker will inspire your creativity.
- Our Thursday bus trip features various sites such as Taughannock Falls with terrific views and a park ranger tour/talk, Cornell University botanical gardens and a vineyard tour to learn and enjoy the area. A lunch stop at a local vineyard to visit and shop at their wine tasting room/gift shop rounds out the trip.

Participants are welcome to attend all activities and trips regardless of plans to take the tri-refresher for credit. We can't wait to have you visit beautiful Corning for a fun Fall Adventure!

*Victoria Bellias,*

**CAR-SGC 2023 Convention Chairman**

The Federated Garden Clubs of New York State is pleased to announce the 2023 CAR-SGC Conference, "Seven Strong on a Fall Adventure". FGCNYS is the host state and we are excited to invite our Seven Strong garden club members to join the fun!

The CAR-SGC 2023 Annual Conference & Tri-refresher will be held at the Radisson/Doubletree Hotel in Corning, NY. The Main Conference will be held on Tuesday and Wednesday, October 24-25, 2023. We have fun and spooky activities on Monday, October 23<sup>rd</sup> and an exciting fall adventure tour planned for Thursday, October 26<sup>th</sup>. We are combining the requirements for a tri-refresher into the conference program with interesting speakers on a variety of topics. There will be a featured design presentation and a special appearance by Brenda Moore, author of the NGC Children's Book series and President-Elect of NGC.

Our Fall Adventures include:

- A pumpkin blowing session to make your own glass pumpkin. Corning is famous for expert glass working and you will participate in a glass studio experience.
- The Awaken the Spirits Ghost Tour is a presentation of the Corning Historic Society in the Heritage Village. After your spooky adventure, enjoy dinner in town with CAR-SGC friends.

***Please Consider Life Membership  
 In CAR-SGC***

Honor a garden club member with CAR-SGC Life Membership. We ask clubs in our Seven States to consider an honorary CAR-SGC Life Membership for garden club members in local or state garden clubs as recognition for incoming or outgoing Presidents and Officers, Committee Chairs, members celebrating milestone garden club anniversaries or other achievements that a club wishes to acknowledge.

With your help of a donation of \$50 to the CAR-SGC Scholarship Fund, we can continue to support college and graduate students in agriculture, botany, environmental concerns, forestry, horticulture, landscape design and other related fields while honoring the CAR-SGC Life Member. The Life Member Application Form is available on the CAR-SGC Website [www.car-sgc.org](http://www.car-sgc.org)

The Life Member receives a Certificate, recognition at the CAR-SGC conference, honor seating at one function during the conference and lifetime listing on the CAR-SGC Directory of Life Members on the CAR-SGC Website.

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## From Our States:

### Delaware



It is so wonderful to see the colorful spring blooms, feel the sun, and just enjoy the warmer weather. But oh.....the pollen.

Delaware clubs are busy organizing their fund raisers to continue their new and established garden club

projects. Four Seasons Garden Club recently held a very successful Home and Garden Expo which included 22 local vendors, small designs which were arranged and sold by club members and over 30 gift baskets which were assembled by members were raffled off. Clubs are organizing plant sales. Plantation Lakes has a pre-order sheet of the plants they will be selling. I'm sure many clubs will step up at our State meeting next week to announce their plant sales or other planned fundraisers.

Three of our garden clubs, Spade and Trowel, Brandywine and Garden Gate Garden Clubs, have scheduled non conflicting flower shows in June. That is truly exciting. We are returning to almost normal.

Four Seasons Garden Club dedicated their Blue Star Memorial By-Way marker in the Heritage Shores Community on December 7, 2022. Milford Garden Club has scheduled their Blue Star Memorial Marker dedication at the Veteran's Home in Milford on May 23, 2023, and Gardeners by the Sea has scheduled a dedication of both a Blue and a Gold Star Memorial Marker in Evans Park on July 8, 2023.

The elected officers for the 2023-2025 term will be installed at the April 19, 2023 Delaware Federation of Garden Clubs, Inc. State meeting. This has been both a challenging and exciting term as State President. Whew... the ride is almost over.

**Barbara DeRue, President,  
Delaware Federation of Garden Clubs, Inc.**

### Maryland



After the flurry of Christmas celebrations, members have been busy preparing for the Spring Season. During the first weekend of March, we had a booth at the Maryland Home & Garden Show to attract new members. Our booth was filled with exhibits about our

projects, schools, scholarships, garden tours, etc. The big attention grabber was a display of botanical arts shoes. At the request of show organizers, we provided a special floral design in celebration of their 40<sup>th</sup> anniversary.

Many clubs are electing new officers and that includes a change of State officers. Our March Annual meeting was held March 28 and NGC President, Mary Warshauer, installed the new State officers. Our meeting was well attended, and attendees enjoyed a floral design program featuring Kaye Vosburgh, NGC Master Judge and Sogetsu Ikebana Instructor from Massachusetts.

Several upcoming events are already on the calendar: Gardening School Course II April 12-13 at the Vollmer Center at Cylburn Arboretum in Baltimore, an Earth Day program on April 27<sup>th</sup> featuring five different speakers will also be held at the Vollmer Center, a live Zoom presentation on June 7<sup>th</sup> featuring Leah Brooks from Mt. Cuba Center discussing "Beautiful Native Plants Year-Round" in celebration of National Garden Week.

Cumberland Garden Club will be installing BOTH a Blue Star and Gold Star marker on May 29 at the Veterans Memorial Park.

District II held a Daffodil flower show in early April, and several clubs have Spring flower shows planned.

**Anna O'Kelly, President,  
Federated Garden Clubs of Maryland**

### National Capital Area



**Arlene Stewart**

The National Capital Area Garden Clubs celebrated the holiday season with many fun events and activities. The Council of Accredited Flower Show Judges held the annual Morning of Design showcasing Holiday Designs created by members of the Council.

NCAGC held a special event at the US National Arboretum. All club members were invited to a Botanical Floral Design demonstrations by Keith Stanley.



**Keith Stanley, Botanical Floral Designer**

Montgomery County, MD was represented at the Maryland State House Holiday Display, by a tree decorated by NCAGC member club, The Garden Party.



**The Garden Party President, Danielle Brabazon, with the Montgomery County, MD Tree**

The Judges' Council and District IV joined together to provide a Floral Design Workshop. The day included two sessions of instructional demonstrations followed by hands on floral designing.



**NCAGC President Elect Barbara Kiker at the US National Arboretum**

**Photos by Arlene Stewart**

Our four districts held spring meetings where elections were held and awards were presented. The NCAGC State Meeting was held at the US National Arboretum. It was a time to remember the garden club friends who have passed away. The 2023-2035 NCAGC Officers were elected and state awards were presented. Our Members of Honor and Perennial Bloom recipients were congratulated. We also proudly announced the recipients of six NCAGC scholarships.

#### PLANT AMERICA for Flowers, Fun and Friends

**Arlene Stewart, President, National Capital Area Garden Clubs**

### New Jersey



**Cecelia Millea**

Spring has arrived, and a kaleidoscope of color has returned to our landscape. The daffodils and tulips have bloomed and the trees are clothed in green again. It is time for gardeners to dig in the soil and plant a feast for our eyes and food for our table.



This president has been busy visiting garden clubs throughout the state to join local garden club members to meet, share and celebrate. I recently attended the Basking Ridge Garden Club's 100th anniversary celebration at a beautiful luncheon. The room was decorated in shades of purple which is the favorite color of its past president and former GCNJ President, Vivian Morrison. The Basking Ridge Garden Club made a very generous donation to GCNJ scholarship fund.



Photos by  
Cecelia  
Millea

Mary Warshauer, NGC President; Cecelia Millea, GCNJ President; Rose Salaki, Basking Ridge GC Co-President



Display board highlighting 100 years of gardening



Members of the Basking Ridge GC

Two New Jersey garden clubs received \$1000 NGC Plant America Grants. Congratulations to the Point Pleasant Garden Club and the West Trenton Garden Club for recognition of their Plant America projects.

I am pleased to announce that two new garden clubs have joined our ranks and boosted our membership. The Upper Saddle River Garden Club has sixty-nine members and the Garden Club of Salem County has four members. Whether the club be large or small, we welcome them to GCNJ.

The 2021-2023 GCNJ President's Project, "Plant Trees: Nature's Unsung Heroes", will, once again, award \$1000 grants to three New Jersey garden clubs that sponsor a project which focuses on the planting of native trees. The grants will be presented to recipients at our 2023 Annual Meeting.

The 97th Annual Meeting of the Garden Club of New Jersey entitled, "The Garden: A Living Masterpiece", will be held on June 6. The Garden Conservancy will be awarded The Medal of the Garden Club of New Jersey which is our organization's highest honor. The Conservancy's mission is to preserve private and public gardens throughout our country for all to enjoy. Their Open Days Program offers tours of magnificent gardens from coast to coast. Dr. Horatio Joyce will accept the medal on behalf of the Conservancy and give a presentation about the Open Days Program. NGC President, Mary Warshauer, will install GCNJ officers for the 2023-2025 term.

Cecelia Millea, President,  
Garden Club of New Jersey

**New York**



**Lynne Arnold** Annual Meeting and Convention May 23-25, 2023. We will have a tour of the Historic Vanderbilt Mansion and hear a speaker on planting and managing a historic arboretum. Our state has enjoyed the meetings and programs available through CAR-SGC and NGC virtual resources and we look forward to these upcoming events. New York State will be hosting the CAR-SGC Conference and Tri-Refresher, October 24-26, 2023, at the Radisson/Doubletree Hotel in Corning, NY. We have some fun, educational and spooky activities planned. President-elect Brenda Moore will be with us, she is author of NGC Children’s Book series. Our Conference Breakfast with Round Table discussions and Conference meetings will inspire us to achieve our goals and grow our membership.

Congratulations to Monica Hansen CAR-SGC Director-elect and Victoria Bellias, CAR-SGC Alternate Director-elect and Donna Sessa, FGCNYS President-elect.! It’s been a pleasure to meet old and new friends as we continue to be “Seven Strong on a Fall Adventure.”

**Lynne Arnold, President,  
Federated Garden Clubs of New York State**

**Ohio**

Here in Ohio the trees and bulbs are in full bloom. This is my favorite time of the year.



I am happy to report that we are running our schools via Zoom. The classes have been wonderful and the attendance has been phenomenal. Next in line is our Environmental School 2 on May 19-20. We are also running a tri-refresher this summer.

October 3-4 we are offering a Symposium at Kingwood Center in Mansfield, Ohio between Cleveland and Columbus. We especially invite any judges that need to use their credits before the end of the year to attend, although symposia are not just for judges. If you have ever wondered what the difference between a traditional, creative or abstract design is – this is for you!

Watch the NGC website for details. We hope to see you there!

I just returned from our annual convention today. President Elect Brenda Moore was with us and installed our new officers. She spoke about leadership and how it is not something we are just born with. We’re taught it and we should not be afraid to learn new things.

We are proud to have awarded \$50,000 in scholarships again this year to deserving students in the agricultural and environmental fields. We were able to forward two of the applications on to CAR-SGC and NGC for further consideration.

In conclusion, I’d just want to say what a pleasure and humbling experience it has been to serve as President of Garden Club of Ohio. I wouldn’t have traded it for anything!

**Marlene Hatton, President,  
Garden Club of Ohio**

*Iris Barbara May*

*Photos by Shirley Nicolai and  
Caroline Carbaugh*





## Pennsylvania



What a fantastic Winter - Pennsylvania has been gearing up for our weekend Convention, "Thyme to Garden," in Monroeville, PA. We are looking forward to being in the Pittsburgh area to experience all the wonderful opportunities of

**Sheila Croushore** programs, workshops, and a Tea on the Titanic. Brenda Moore, NGC President-Elect, will be attending and installing our new officers. With over 300 registrants, it should be a fun "THYME!"

Our School Chairs have been working hard to offer Flower Show School Course 3 in Plymouth Meeting, with instructors Julia Clevett and Sue Kirkman. In Lancaster, we offered Landscape Design School Course 4, with instructors Kirk Brown, George Weigel and Arianna Sindelar. Thanks to Pheasant Run Farm B & B for hosting our LD school.

Our own Tonya Young was on the Committee to secure judges for the Philadelphia Flower Show. She invited NGC Judges from all over the USA to come to Philadelphia. What a great honor to be asked to judge the largest and oldest Flower Show in the World.

We continue to maintain the Children's Peace Garden at the Flight 93 Chapel in Shanksville. The Laurel Highlands Landscape Design Council meets there every year to troubleshoot and help maintain this garden.

Our clubs are offering workshops, wildflower walks, tours, and many other activities to attract new members. Congratulations to York Garden Club for adding over 50 members to their roster last year!

It has been my honor to represent such a great state of so many wonderful members and friends! Everyone has made representing Pennsylvania enjoyable and easy!

Thank you GCFP for your support!

**Watch us BLOOM!**

**Sheila Croushore, President,  
Garden Club of Pennsylvania**



**Officers of GCFP**



**At the Philadelphia  
Flower Show**

## NGC LIFE MEMBERSHIP

### WHAT IS NGC LIFE MEMBERSHIP?

Being a National Life Member is becoming part of a special group of people. People who want to give back to our Youth and Membership--- People who strive to maintain and encourage NGC projects and goals.

Your donation of \$200 aids two wonderful programs that benefit local clubs, your State and your fellow members:

**THE PLANT AMERICA COMMUNITY GRANTS FUND  
and  
THE PERMANENT HOME AND ENDOWMENT FUND**

Currently, over this past year there have been 93 new Life Members and 13 have been from the CAR. Be a part of this special group of people!

Join today or better yet, give a gift membership to any individual or group deserving an honor or remember someone in your community who shares your passion for garden club interest. New Life Members are out there.

*(Continued on Page 10.)*

Applications can be found on the NGC website under Member Resources.

**“LIFE MEMBERS DO  
MAKE A DIFFERENCE”**

Any questions? Contact Gail Manna, NGC Life Membership Chair 2021-2023.

814-932-3231 or gcorle1214@gmail.com

*Gail Manna*

**CAR-SGC Life Membership Report**

We are happy to welcome six new life members to the Central Atlantic Region of State Garden Clubs:

- #210 Marlene Hatton, OH, honored by the Twinsburg Garden Club
- #211 Sue Scholz PA, honored by the Presque Isle Garden Club
- #212 Anna O'Kelly MD, honored by the Federated Garden Club of Maryland
- #213 Carolyn Leahy, MD, honored by the Federated Garden Club of Maryland, District II
- #214 Rose Gazarek, MD, given by Rose Gazarek to support the scholarships provided by this recognition
- #215 Virginia Cardona, DE, given by the Delaware Federation of Garden Clubs

I am thrilled that the various clubs have chosen to honor their members by gifting them a life membership. I am glad that individuals apply for life membership as an effort to support the scholarships that the CAR-SGC awards to deserving candidates. I am looking forward to awarding pins and certificates to our newest life members at the upcoming conference in New York.

*Claire Lechliter, CAR-SGC Life Membership*

**Sustainability**

This term, when applied to gardening, gives us pause to consider what we as gardeners are doing to help the health of our planet. Nurseries at this time of year are overflowing with the temptation of new cultivars and imported plants to delight our senses.

However, if we want to sustain our landscapes we must plant to conserve our natural resources.

Arbor Day is April 28, 2023. Many of our garden clubs participate in celebrating this holiday to recognize the importance of trees. Ornamental trees while lovely don't do much to support pollinators. Native trees support birds, bees and many other insects and native trees such as oak, beech, pine and maple sequester carbon from the air and convert it to oxygen.

Please encourage your clubs to plant *Amelanchier*, *Cercis*, *Quercus*, *Pinus*, *Magnolia virginiana*, or other trees native to your area.

Composting is another way to help. There are many methods of composting. Direct Composting uses shredded sticks, dried plant material, coffee grounds, tea bags, and onions just to name a few. Citrus and tomatoes should not be added to the mix. Citrus because it is very acidic as well as the tomatoes AND you may find you are growing unwanted tomato plants in your flower beds if your compost is not screened properly!

Another method of composting is vermicomposting, which is the product of several species of worms mixed with decomposing vegetable waste.

I have gotten over my revulsion of worms after years of gardening and being surprised by them squirming out of a shovelful of soil. These happy little tillers are making new soil that will grow healthy plants!

*Jane Madis, Chair,  
Sustainability and Xeriscaping*



*Photos by  
Shirley Nicolai and  
Caroline Carbaugh*

### How To Create a Monarch Waystation

Pollinators need our help and your yard can make a difference. A Monarch Waystation is an intentionally managed garden that provides food and habitat for the struggling Monarch butterfly. As a rule, a waystation must include at least 2 types of Milkweed. Milkweed (*Asclepias*) is the host plant that is essential for the survival of Monarch caterpillars and its flowers attract many pollinators.

- \* A Monarch waystation must be sited in full sun
- \* The overall size of your planting must be 100 square feet minimum.
- \* It requires a minimum of 20 Milkweed and Butterfly Weed plants.
- \* It requires a variety of nectar plants that bloom from spring through fall.
- \* You must follow sustainable gardening practices.

#### What Is a Host Plant

A butterfly host plant is the place where butterflies lay their eggs for the next generation. Host plants are the sole food source required for the survival of developing caterpillars.

There are several different varieties of milkweed, including Common Milkweed, Butterfly Weed, Swamp Milkweed, Whorled Milkweed and Tropical Milkweed. One Caterpillar alone will eat 20-30 large leaves. While host plants are food for caterpillars, nectar plants such as marigolds, zinnias, *Gaillardia*, *Cosmos*, *Verbena* as annual flowers and perennial flowers such as *Monarda*, Black-Eyed Susan, *Coreopsis*, *Hollyhock* or *Echinacea*.

While providing habitat and food for Monarch you must remember practicing overall protection from pesticides and providing thinning, dividing, mulching and watering.

To apply for certification with over 40,000 butterfly gardeners you can visit [MONARCHWATCH.org](http://MONARCHWATCH.org).

**Iris Cisarik,**  
**Bee, Bugs, Butterflies and Endangered Species Chair**

### Schools Being Held by NGC in CAR

#### Environmental School

May 19 - 20, 2023 – Westerville, OH – Zoom – Course 2 – In-person

#### Flower Show School:

August 21 – 24, 2023 – Henrico, VA – Course 1

October 12 – 15, 2023 – Plymouth Meeting, PA – Course 4

#### Flower Show Symposium:

November 6 – 8, 2023 – Richmond, VA – In-person

#### Gardening School:

September 6 -7, 2023 – Baltimore, MD – In-person – Course 3

#### Landscape Design School:

May 22 – 23, 2023 – Alexandria, VA (NCA) – In-person – Course 2



Photos by Caroline Carbaugh



Dear State President's, District Directors and Garden Club Members,

After absorbing the NGC Ad for National Garden Week—it would be wonderful if many would take it to heart and decide to advertise National Garden Week in your community. A design or horticulture display could be exhibited at a Library or local business with information about the National Garden Week and invite guests to your Garden Club meetings. Let's encourage people to think about National Garden Week and perhaps become a new member of your Garden Club.

*Best Wishes and Hoping for Excellent Results,  
Shirley Basista*



**Revised CAR-SGC Bylaws**

The Organizational Studies Committee ( Bette Lewis, Chair, Christine Leskosky, Connie Raymond, and Director, Betty Cookendorfer) met virtually beginning at the end of January to update the CAR-SGC Bylaws to conform to the May 2022 changes enacted by the National Garden Clubs, Inc. The primary change was to delete references to the position of **Alternate Director** which had been eliminated by the National Garden Clubs, Inc. action. Also, the elimination of one of the two members from each State on the Nominating Committee reduces each State’s participation to only one. An additional activity was added to ARTICLE II, Section 2, OBJECT, item C. “environmental protection” and was changed throughout the document where appropriate.

Article XI – Book of Recognition was deleted. This has not been used for the last four years. It has been replaced by the Scholarship Patronage Program form of donations. Revenue from Life Membership Program is directed to the Scholarship fund.

Regarding the deletion of the position of **Alternate Director**, currently the State Garden Club of the **Director** would be responsible for replacing that person should it become necessary.

The Organizational Studies Committee (responsible for Bylaws) and the Executive Board recommend adoption of the 2023 Bylaws revision by the Membership.

*Bette Lewis, Organizational Studies Chair*



**BYLAWS**      **Proposed Bylaws – April 10, 2023**

**CENTRAL ATLANTIC REGION of STATE  
GARDEN CLUBS, INC.**

**ARTICLE I  
NAME AND TERM**

**Section 1. NAME**

The name of the corporation shall be Central Atlantic Region of State Garden Clubs, Inc., hereinafter referred to as CAR-SGC.

**Section 2. TERM**

The term of CAR-SGC shall be without limitation.

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ARTICLE II  
PURPOSE AND OBJECT

Section 1. PURPOSE

The purpose for which CAR-SGC is organized, as contained in the CAR-SGC Articles of Incorporation, is to be organized exclusively for charitable, educational, and scientific purposes, including, for such purposes, the making of distributions to organizations that qualify as exempt organizations under Section 501(c) (3) of the Internal Revenue Code, or the corresponding section of any future federal tax code.

Section 2. OBJECT

The objects for which CAR-SGC is organized are to:

- A. Coordinate and further the interests and activities of National Garden Clubs, Inc. (NGC) and CAR-SGC Member Garden Clubs.
- B. Aid in the protection and conservation of natural resources, to promote civic beauty, and encourage the improvement of roadsides and parks.
- C. Study and advance the fine arts of gardening, landscape design, floral design, horticulture, **and environmental protection.**
- D. Cooperate with other organizations in the furtherance of the foregoing objectives and in such activities as may be determined by the CAR-SGC Board of Directors.
- E. Further horticulture education, conservation, **and** landscape design and **environmental protection** through gift scholarships, and grants.
- F. Restrict the activities of the corporation so that no part of the net earnings of the corporation shall inure to the benefit of, or be distributable to, its members, trustees, officers, or other private persons, except that the corporation shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes of the corporation. No substantial part of the activities of the corporation shall be carrying on of propaganda, or otherwise attempting to influence legislation and the corporation shall not participate in, or intervene in (including the publishing or distribution of statements) any political campaign on behalf of any candidate for public office. Notwithstanding any other provision of these articles, the corporation shall not carry on any other activities not permitted to be carried on (a) by a corporation exempt from federal income tax under Section 501 (c) (3) of the Internal Revenue Code, or corresponding section of any future federal tax code, or (b) by a corporation, contributions to which are deductible under Section 170 (c) (2) of the Internal Revenue Code or corresponding section of any future federal tax code.

ARTICLE III  
PURPOSE AND OBJECT

The membership of CAR-SGC shall consist of seven geographical areas: National Capital Area Garden Clubs, Inc. and the State Garden Clubs of Delaware, Maryland, New Jersey, New York, Ohio, and Pennsylvania, herein referred to as Member Garden Clubs.



OFFICERS

ARTICLE IV

Section 1. ELECTED OFFICERS

The elected officers of CAR-SGC shall be a Director, ~~an Alternate Director~~, and the Presidents of the Member Garden Clubs.

Section 2. ELIGIBILITY - DIRECTOR ~~AND ALTERNATE DIRECTOR~~

To be eligible for the office of Director, ~~and Alternate Director~~ each nominee must reside within the Central Atlantic Region of Member Garden Clubs and shall have:

- A. Served as President of a Member Garden Club for a minimum of two (2) years;
- B. Attended two (2) of the three (3) previous NGC Annual Conventions/Meetings at the time of election and may include the NGC Convention at which they are installed;
- C. Attended two (2) of the last three (3) CAR-SGC Conferences preceding the election.
- D. The endorsement of the governing board of the Member Garden Club, signed by the President of that Member Garden Club.
- E. Officers shall assume their duties at the close of the NGC Convention ~~at which they are installed~~ at odd-number years.

Section 3. NOMINATIONS AND ELECTION OF DIRECTOR ~~AND ALTERNATE DIRECTOR~~

- A. In the interest of fairness and unity, the office of Director shall be rotated in the following order: Maryland, Pennsylvania, Ohio, New York, New Jersey, National Capital Area Garden Clubs, and Delaware. In the event a Member Garden Club is unable to submit a name for a ~~both~~ Director, ~~and Alternate Director~~, that Member Garden Club shall yield its turn to the next designated Member Garden Club. The Member Garden Club, which yielded its opportunity, shall have ~~an opportunity~~ a chance again in two years (following term) to nominate a Director. ~~and Alternate Director~~. If again that Member Garden Club is unable to submit a candidate for Director ~~and Alternate Director~~, that Member Garden Club will wait until the rotation is completed. Only one forfeit per Member Garden Club will be permitted during a full rotation.
- B. The candidate for Director shall be:
  - 1. Elected by the Governing Board of that Director's member garden club in session during the even-numbered year prior to assuming office.
  - 2. Presented at the CAR-SGC Conference, along with ~~the incoming Alternate Director and~~ the NGC Nominating Committee members, prior to the NGC Pre-Convention Board Meeting in odd-numbered years.
  - 3. Presented to the NGC Convention in the odd-numbered year.
  - 4. Shall assume office for a term of two years at the close of the NGC Convention.
  - ~~5. Installed at the NGC Convention in the odd-numbered year and assumes office for a term of two years at the close of the NGC Convention.~~
- C. ~~The candidate for Alternate Director shall be elected by the Governing Board of that member garden club in session during the even-number year prior to assuming office.~~
- D. ~~C. In the event of a vacancy in the office of Director, the Alternate Director shall become Director. An Alternate Director shall then be elected as established within the CAR-SGC according to procedure.~~

Section 4. APPOINTED OFFICERS

The appointed officers of CAR-SGC shall be a Secretary, a Treasurer, and a Parliamentarian. These officers shall be appointed by the newly elected Director.

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ARTICLE V  
DUTIES OF OFFICERS

Each officer shall:

- A. Serve as a member of the Executive Committee and of the Board of Directors.
- B. Perform the duties prescribed by these Bylaws, the Standing Rules, and by the adopted Parliamentary Authority.
- C. Report to each CAR-SGC Conference and at other times as required.

ARTICLE VI  
MEETINGS

- A. Regular meetings shall be held at the Annual or Biennial Conference of the CAR-SGC.
- B. All CAR-SGC Committees are authorized to meet by telephone conference or through other electronic communications media as long as all the members may simultaneously hear each other and participate during the meeting. A quorum must be established prior to the meeting.
- C. A QUORUM shall consist of a majority of the Voting Strength registered at a meeting.

ARTICLE VII  
EXECUTIVE COMMITTEE

- A. The Executive Committee shall consist of
  1. Voting members: the Director, ~~the Alternate Director~~, the Presidents of the Member Garden Clubs, the Secretary, and the Treasurer.
  2. Non-voting members: the immediate former Director, the Director-Elect, and the Parliamentarian.
- B. Duties:
  1. To approve the disbursement of any **Region** funds.
  2. To receive with letters of acceptance:
    - a. The names of the **Region** Director ~~and Alternate Director~~, who has met the eligibility requirements as prescribed in the NGC Bylaws.
    - b. The names of two members ~~and two Alternates~~, who have met the eligibility requirements as prescribed by NGC Bylaws, to serve on the NGC Nominating Committee.
- C. Meetings:
  1. Regular meetings shall be held prior to the Annual or Biennial Conference of the CAR-SGC Conference and prior to or during the NGC Annual Convention and Fall Board Meeting, as needed.
  2. Special meetings may be called by the CAR-SGC Director.
  3. The Executive Committee may transact business of an urgent nature by electronic devices of postal mail, with prior approval of the CAR-SGC Director.
  4. A Quorum shall be a majority of the members of the Executive Committee.
  5. In the event of an emergency, that a Member Garden Club President cannot attend a meeting, the Member Garden Club Vice-President may attend, with the prior approval of the CAR-SGC Director.

ARTICLE VIII  
BOARD OF DIRECTORS

- A. The Board of Directors shall consist of the elected and appointed Officers; Presidents of Member Garden Clubs or a Vice-President as an alternate by permission of the Director; former Directors; CAR-SGC Representatives; and Chairmen and members of CAR-SGC Committees.
- B. Policies and procedures for participation in the CAR-SGC Conference are listed in the CAR-SGC Conference Manual and the CAR-SGC Standing Rules.

C. Duties and responsibilities are listed in CAR-SGC Standing Rules.

## ARTICLE IX COMMITTEES

All Chairmen and committee members shall be members of the Board of Directors.

### Section 1. STANDING COMMITTEES

Standing Committees shall be established by the Director for the efficient and lawful operation of CAR-SGC, subject to the approval of the Executive Committee. Qualifications, duties, and procedures are listed in the Standing Rules.

### Section 2. SPECIAL COMMITTEES

Special Committees may be appointed by the Director for the efficient and lawful operation of CAR-SGC, subject to the approval of the Executive Committee.

### Section 3: NGC NOMINATING COMMITTEE

#### A. Eligibility

1. To be eligible to serve as a member and alternate member of the NGC Nominating Committee, a member must:
  - a. Have served a minimum of two (2) years as an elected officer of the member garden club.
  - b. Have served a minimum of two (2) years on the Board of Directors of NGC.
  - c. Have attended two (2) of the previous five (5) NGC Conventions held in odd-numbered years, prior to assuming that position.
  - d. Have attended two (2) of the previous five (5) CAR-SGC Conferences preceding the election.
  - e. Reside within the Central Atlantic Region of member garden clubs.

#### B. Nominations

1. There shall be one (1) member ~~and one (1) alternate member from each of two Member Garden Clubs in the following order of rotation: New York & Ohio, Maryland & New Jersey, National Capital Area Garden Clubs & Pennsylvania, Delaware & New York, Ohio & Maryland, New Jersey & National Capital Area Garden Clubs, and Pennsylvania & Delaware. (See Memo to Standing Rules.)~~ from each of the two Member Garden Clubs as defined in the CAR-SGC Standing Rules.
2. The member ~~and alternate member~~ shall be elected by the governing board of the Member Garden Club during the six (6) month period preceding the CAR-SGC Conference in the even-numbered year prior to service.
3. In the event a Member Garden Club is unable to submit ~~names~~ a name for ~~both member and alternate member~~, the committee that Member Garden Club shall yield its turn to the next ~~designated~~ Member Garden Club. The Member Garden Club, which has yielded its opportunity, shall ~~not be entitled to the position until its next turn in rotation.~~ follow the rotation as detailed in the CAR-SGC Standing Rules. Any action taken shall be subject to ratification by the Board of Directors of NGC.
4. The Director shall send the names of ~~(2) nominees and two (2) alternates to the Chairman of the NGC Nominating Committee immediately on election in even-numbered years, (See NGC Bylaws, Article X Nominating Committee.)~~ the nominees to the Chairman of the NGC Nominating Committee immediately on election in even-numbered years, (See NGC ByLaws, Article X Nominating Committee)
5. The two (2)-members shall be ratified by the NGC Board of Directors at the Annual NGC Convention



in the odd-numbered years to serve a two (2) year term.

C. Duties

1. Attend all meetings of the NGC Board of Directors and NGC Convention unless excused by the National President.
2. If the member is unable to attend a meeting, the Director shall appoint a member from the CAR-SGC already serving on the NGC Board of Directors to attend that meeting.

Section 4: REGION REPRESENTATIVES FROM MEMBER GARDEN CLUBS

Duties:

- A. Serve as members of the CAR-SGC Board of Directors.
- B. Attend the CAR-SGC Conference and assist in setting up and presenting workshops and/or exhibits related to their specific Chairmanship, if requested by the Director or Conference Chairman.
- C. Report at CAR-SGC Conferences.
- D. Send the CAR-SGC Director and Presidents ~~of Member Garden Clubs~~ copies of important directives and letters.
- E. Contact, as soon as possible, committee members.
- F. Finance their chairmanships, unless undertaking a major project with full knowledge and approval of the Director.
- G. Life Members ~~Representative Chairman~~ prepares the ~~National Life Members~~ CAR-SGC list and conducts Life Membership presentations at CAR-SGC Conferences.

**ARTICLE X  
REGION CONFERENCE**

- A. In the interest of fairness and unity, the CAR-SGC annual or biennial Conferences shall be rotated in the following order: Maryland, Ohio, National Capital Area Garden Clubs, Delaware, Pennsylvania, New York, and New Jersey.
- B. The CAR-SGC Conference policies and procedures ~~will be~~ are written and compiled in a CAR-SGC Conference Manual.

~~**ARTICLE XI  
BOOK OF RECOGNITION**~~

~~A Book of Recognition shall be established in memory of, or in honor of, persons who have contributed to the success of CAR-SGC. Donations will be accepted, recorded, and money designated for the CAR-SGC Scholarship Fund.~~

**ARTICLE XI  
PARLIAMENTARY AUTHORITY**

The current version of Robert's Rules of Order Newly Revised shall be the parliamentary authority for CAR-SGC except where it is inconsistent with the Articles of Incorporation, these Bylaws, Special Rules of Order, or Standing Rules.

**ARTICLE XII**  
**AMENDMENTS**

These Bylaws may be amended at any Regular Meeting by a two-thirds (2/3) vote of the delegates present and voting, provided that the proposed amendments shall have been presented in writing to the Executive Committee and Board of Directors prior to the Meeting. Notice of proposed amendments will be posted on the CAR-SGC website.

Without the prescribed notice, these Bylaws may be amended at any Regular Meeting by a unanimous vote of the delegates present and voting.

**ARTICLE XIII**  
**INDEMNIFICATION**

Any current or former member of the CAR-SGC Board of Directors who was or is a party to, or is threatened to be made a party to, any threatened, pending, or completed action, suit, or proceedings taken on behalf of CAR-SGC, shall be indemnified for all expenses and liabilities actually and reasonably incurred in connection therewith only to the extent that their conduct was authorized by CAR-SGC and to the extent permitted by law.

**ARTICLE XIV**  
**DISSOLUTION**

Upon dissolution of the CAR-SGC, assets shall be distributed for one or more exempt purposes within the meaning of section 501 (c) (3) of the Internal Revenue Code, or corresponding section of any future federal tax code, or shall be distributed to the federal government, or to a state or local government, for public purposes. Any such assets not disposed of shall be disposed of by the Circuit Court of Kent County, Delaware, exclusively for such purposes or to such organization or organizations, as the court shall determine, which are organized and operated exclusively for such purposes.

ADOPTED April 10, 2023

RATIFIED

